



"40 by 40"

TRAIN 40 AFRICAN OB/GYN RESIDENTS BY 2040



"I find our patients inspiring... they are true heroes of resilience, sacrifice, and generosity. So much in their lives that our culture wouldn't tolerate are considered inevitable factors of being a woman. Ob/Gyn in this part of the world is not the 'happy' practice that most doctors see in the U.S. Every single day we deal with patients with loss."

Cheryl Cowles, M.D., Program Director, OB/GYN Residency Program

In Kenya, and throughout much of Africa, all vaginal births are conducted by midwives with various training and no pain control options. Maternal & perinatal mortalities are unacceptably high. Increasing the number of trained OB/GYN physicians will improve health outcomes for women and their babies. (Kenyan Maternal Mortality Rates are 21 times higher than in the USA)

Tenwek Mission Hospital has a 67-bed maternity ward, which is often fully occupied, 2-3 women sharing a bed. Some common OB/GYN conditions treated at Tenwek include: intrauterine fetal demise, miscarriages, severe pre-eclampsia, advanced cervical cancers in 20-40-year-olds, illegal abortion complications, severe anemias, massive fibroids and ovarian tumors – with many of these conditions compounded by multiple co-morbidities.



While some OB/GYN residency programs are offered elsewhere in Kenya, they are typically academically oriented and distantly supervised by an attending physician. **Tenwek's OB/GYN Residency program will be the first Christian OB training program in Africa,** clinically oriented and positioned to recruit physicians with a passion for using their skills in ministry and treating underserved communities.



The addition of an OB/GYN Residency at Tenwek Hospital will require additional equipment for training and treatment. Your gift – of any size – is important, welcome, and will have impact! Our Missionary Medical faculty are self funded.



| OB/GYN Needs | Cost |
|--|-----------------------------|
| • OB Surgical Instruments (i.e. ring forceps, tenaculums, speculum, medium dilators, hand held dopplers, etc.) | • \$10,000 |
| • 5 – Fetal Monitors | • \$2500 each |
| • Patient Compassion Fund to subsidize hospital bills | • \$5000 covers 10 patients |
| • Blood Bank refrigerated centrifuge | • \$20,000 |

OB/GYN Residency Program

Length of Program – 4 years

Annual Cost per Resident – \$25,000

Help sponsor an African OB/GYN doctor!



How You can Help

PRAY

- Pray that Tenwek can continue to recruit qualified, mission-minded physicians for the residency and fellowship programs.
- Pray that the material and spiritual needs of program participants will be met – allowing them to devote themselves to their studies and work.
- Pray that God will lead Tenwek graduates to apply their medical training and expertise to make a life-changing difference for people throughout Africa.
- Pray that the Tenwek graduates will find fertile ground for the Gospel message of healing and hope in every area where they live and serve.

GIVE

- Sponsor an African OB resident for \$25,000 /a year. This covers a small stipend, housing, certification testing, insurance, education materials & supplies. (4 year Residency program)
- Build an apartment to house a Resident & family for \$40,000. Because Tenwek is located in a rural setting, we have to build our own apartments to house residents. We will start with 2 residents per year. Over the course of 4 years, 8 apartments will be needed.

SERVE

- Serve at Tenwek through a short-term medical mission trip and share your expertise with the next generation of African physicians. Visit www.friendsoftenwek.org for more information.

Educating African physicians who embrace a mission to serve Christ is an investment in the continent's physical and spiritual health for generations to come. Your gift – of any size – is important, welcome, and will have impact!



Learn more information and ways to donate here!

