



"40 by 40"

TRAIN 40 AFRICAN OB/GYN RESIDENTS BY 2040



"I find our patients inspiring... they are true heroes of resilience, sacrifice, and generosity. So much in their lives that our culture wouldn't tolerate are considered inevitable factors of being a woman. Ob/Gyn in this part of the world is not the 'happy' practice that most doctors see in the U.S. Every single day we deal with patients with loss."

Cheryl Cowles, M.D., Program Director, OB/GYN Residency Program

In Kenya, and throughout much of Africa, all vaginal births are conducted by midwives with various training and no pain control options. Maternal & perinatal mortalities are unacceptably high. Increasing the number of trained OB/GYN physicians will improve health outcomes for women and their babies. (Kenyan Maternal Mortality Rates are 21 times higher than in the USA)

Tenwek Mission Hospital has a 67-bed maternity ward, which is often fully occupied, 2-3 women sharing a bed. Some common OB/GYN conditions treated at Tenwek include: intrauterine fetal demise, miscarriages, severe pre-eclampsia, advanced cervical cancers in 20-40-year-olds, illegal abortion complications, severe anemias, massive fibroids and ovarian tumors – with many of these conditions compounded by multiple co-morbidities.



While some OB/GYN residency programs are offered elsewhere in Kenya, they are typically academically oriented and distantly supervised by an attending physician. **Tenwek's OB/GYN Residency program will be the first Christian OB training program in Africa,** clinically oriented and positioned to recruit physicians with a passion for using their skills in ministry and treating underserved communities.



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